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**Research Article** 

## Antioxidant Defense System in Borago officinalis L. under Drought Stress

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## Abstract

Drought is one of the main abiotic stress factor that limits plant growth and development. Drought stress effects on *Borago officinalis* L. (borage) plants in terms of physiological and antioxidant responses have been evaluated in this study. In parallel with this purpose, relative growth rate (RGR), leaf relative water content (RWC), osmotic potential, chlorophyll fluorescence (Fv/Fm), lipid peroxidation, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) level, superoxide dismutase (SOD), peroxidase (POX), catalase (CAT), ascorbate peroxidase (APX) and glutathione reductase (GR) activities were determined under drought treatment in a controlled greenhouse. RGR, RWC and osmotic potential were significantly decreased, while lipid peroxidation expressed thiobarbutiric acid reactive substances (TBARS) and H<sub>2</sub>O<sub>2</sub> contents were increased under drought stress. On the other hand, significant increases in POX, CAT, APX and GR activities did not prevent the increase in lipid peroxidation. To the best of our knowledge, this is the first study conducted on the enzymatic antioxidants of the defense system of *Borago officinalis* L. under drought stress.

Key words: Antioxidant enzymes, borage, drought, oxidative stress, reactive oxygen species

# Kuraklık Stresi Altında Borago officinalis L.'de Antioksidan Savunma Sistemi

# Öz

Kuraklık, bitki büyümesini ve gelişmesini sınırlayan temel abiyotik stres faktörlerinden biridir. Bu çalışmada, kuraklık stresinin *Borago officinalis* (hodan) bitkisi üzerindeki fizyolojik ve antioksidan tepkileri açısından etkileri değerlendirilmiştir. Bu amaç doğrultusunda, bağıl büyüme oranı (RGR), yaprak bağıl su içeriği (RWC), ozmotik potansiyel, klorofil floresansı (Fv/Fm), lipid peroksidasyonu, hidrojen peroksit (H<sub>2</sub>O<sub>2</sub>) düzeyi, süperoksit dismutaz (SOD), peroksidaz (POX) , katalaz (CAT), askorbat peroksidaz (APX) ve glutatyon redüktaz (GR) aktiviteleri kontrollü bir serada kuraklık uygulaması altında belirlendi. RGR, RWC ve ozmotik potansiyel önemli ölçüde azalırken, tiyobarbutirik asit reaktif maddeleri (TBARS) olarak ifade edilen lipid peroksidasyonu ve H<sub>2</sub>O<sub>2</sub> içerikleri kuraklık stresi altında arttı. Diğer taraftan, POX, CAT, APX ve GR aktivitelerindeki önemli artışlar lipid peroksidasyonundaki artışı engelleyemedi. Bildiğimiz kadarıyla bu çalışma, *Borago officinalis*'in enzimatik antioksidan savunma sistemi üzerine kuraklık stresi altında yapılan ilk çalışmadır.

Anahtar kelimeler: Antioxidant enzimler, hodan, kuraklık, oksidatif stres, reaktif oksijen türler

## Introduction

Drought is one of the main restrictive abiotic stress factor limiting plant growth and yield particularly in arid and semiarid regions (Zhou et al., 2007). Membrane integrity, transpiration, water use efficiency, photosynthetic activity, respiration and several physiological periods were affected from seed germination to maturity by drought stress (Fracasso et al., 2016). The ability of the plants to initiate physical and biochemical processes determines survival capacity of them under drought. Drought stress causes oxidative damage in plants and leads to the production of reactive oxygen species (ROS) such as hydrogen peroxide ( $H_2O_2$ ), superoxide ( $O_2^{--}$ ) and hydroxyl radical (OH<sup>-</sup>) (Mattos and Moretti, 2015). To control the level of ROS under drought stress, plant cellular protective mechanisms including antioxidant enzymes and non-enzymatic antioxidants are activated for detoxifying of ROS (Mittler, 2002; Hasanuzzaman et al., 2020).

Borage (Borago officinalis L.; Boraginaceae) is an annual herbaceous plant and it is cultivated for its medicinal importance. Borage seed oil contains more than 20% gamma linolenic acid (Torabi et al., 2015). Most studies with borage were related to its chemical composition and antioxidant activity of leaves and flowers (Mohajer et al., 2016; Borowy et al., 2017; Zemmouri et al., 2019; Fernandes et al., 2019). On the other hand, the limited number of studies recorded with Borago officinalis under abiotic stress conditions. Salt stress (Jaffel et al., 2011; Torabi et al., 2015) and aluminum toxicity (Shahnaz et al., 2011) studies with borage have been reported in terms of the antioxidant response. Plant-pollinator interactions were also revealed under temperature and water stress (Descamps et al., 2018). However, the impact of drought stress on antioxidant defense system in borage plants have not been still conducted. To the best of our knowledge, this is the first study on ROS detoxification and antioxidative enzymes of this species under drought conditions.

Therefore, no data is available on the physiological and biochemical behavior of *Borago* officinalis under drought, the aim of this study was to examine the changes in the values of growth parameters, relative water content, osmotic potential, chlorophyll fluorescence, lipid peroxidation, hydrogen peroxide content and antioxidant enzyme activities such as SOD, POX, CAT, APX and GR of this species to drought.

## **Material and Methods**

#### Plant material and stress applications

Borage (Borago officinalis L.) seeds were used in this study. The seeds were surface sterilized with 5% sodium hypochlorite and rinsed at least 5 times with deionised water for removing the bleach. After that, greenhouse experiments were carried out under controlled conditions (27/22°C day/night and 70% relative humidity). Seeds were sown in a pot containing organic media made of peat moss, perlite and sand (1:1:1). After two months of growing, drought stress was initiated and plants were not watered for two weeks for drought treatment. Plants irrigated every other day were considered as control plants. After 2-week drought period, 3<sup>rd</sup> and 4<sup>th</sup> fully opened leaves were harvested and frozen with liquid nitrogen (-196 °C) and stored at -80 °C until further analyses.

## Determination of relative growth rate (RGR), relative water content (RWC), osmotic potential (Ψs) and chlorophyll fluorescence (Fv/Fm)

Five plants were used for each group. After the samples were dried (70°C for 72 h), dry weights (DW) were measured. The RGR of leaves was calculated by using the following formula (Hunt et al., 2002):

 $RGR = [In (DW_{final}) - In (DW_{initial})] / (t_{final} - t_{initial}),$ 

where DW<sub>final</sub> = dry weight (g) at t<sub>final</sub>; DW<sub>initial</sub> = dry weight (g) at t<sub>initial</sub>, t<sub>initial</sub>; initial harvest time and t<sub>final</sub>; final harvest time.

Five leaves from each group during the harvest were weighed and fresh weights (FW) were recorded. For turgid weight (TW) determination, leaves were put in water for 8 h. After that, turgid leaves were dried (70°C for 72 h) and dry weights (DW) were determined. RWC of leaves was calculated by using the following formula: RWC (%) = ((FW-DW)/(TW-DW)) x 100

Chlorophyll fluorescence and osmotic potential were measured according to the manufacturer's instructions. Five leaves from each group were used for analyses. Plant Efficiency Analyzer of Hansatech (UK) and Wescor Vapro Pressure Osmometer (5600) were utilized to measure the maximal quantum yield of PSII photochemistry (Fv/Fm) and osmotic potentail ( $\Psi_s$ ) of leaves, respectively.

# Determination of lipid peroxidation and $H_2O_2$ content

Lipid peroxidation (TBARS) level were determined according to the method of Heath and Packer (1968). 0.5 g fresh leaves were extracted in 0.1% trichloroacetic acid (TCA) and then centrifuged at 12000 g for 15 min at 4°C. 1 mL of supernatant was mixed with 4 mL of 20% TCA with 0.5% thiobarbituric acid. After 30 min at 95°C, samples were cooled and the absorbance was recorded at 532 and 600 nm.

 $H_2O_2$  level were determined according to the method of (Liu et al., 2000). 0.5 g fresh leaves were extracted in 1% TCA and then centrifuged at 12000 g for 15 min at 4°C. TiCl<sub>4</sub> solution prepared with 20%  $H_2SO_4$  was mixed with supernatant and the absorbance was recorded at 410 nm.

## Antioxidant enzymes activity assays

0.5 g of fresh leaves for used protein and antioxidant enzyme extractions. Leaves were ground with liquid nitrogen and extracted ice-cold 50 mM phosphate buffer (pH 7.0) consisting 1 mM ethylenediaminetetraacetic acid (EDTA) and 1% polyvinylpyrrolidone. 2 mM ascorbate was added to the buffer for APX activity assay. Samples were centrifuged at 14000 g for 30 min. Supernatants were used for protein and enzyme activity assays. The protein content was detected with bovine serum albumin method (Bradford, 1976).

The procedure of Beauchamp and Fridovich (1971) was used for the activity of superoxide dismutase (SOD; EC.1.15.1.1). The reaction mixture contained 50 mM phosphate buffer (pH 7.0), 0.1 mM EDTA, 13 mM methionine, 0.075 mM nitro blue tetrazolium and 2 µM riboflavin and 50 µL enzyme extract. The absorbance was recorded at 560 nm. One unit of the activity was defined as the quantity of enzyme required to produce 50% inhibition of nitro blue tetrazolium. The procedure of Mika and Lüthje (2003) was used for the activity of peroxidase (POX; EC.1.11.1.7). The reaction mixture contained 25 mM sodium acetate (pH 5.0), 10 mM guaiacol and 10 mm H<sub>2</sub>O<sub>2</sub>. The absorbance was recorded at 470 nm. One unit of the activity was defined as the amount required to decompose 1  $\mu$ mol H<sub>2</sub>O<sub>2</sub> per min<sup>-1</sup>. The procedure of Aebi (1984) was utilized for the activity of catalase (CAT; EC 1.11.1.6). The reaction mixture contained 50 mM phosphate buffer (pH 7.0) and 10 mM  $H_2O_2$ . The absorbance was recorded at 240 nm. One unit of CAT activity was defined as the amount needed to decompose 1  $\mu$ mol H<sub>2</sub>O<sub>2</sub> per min<sup>-1</sup>. The procedure of Nakano and Asada (1981) was used for the ascorbate peroxidase (APX; EC 1.11.1.11) activity. The reaction mixture contained 50 mM phosphate buffer (pH 7.0), 250  $\mu$ M ascorbate and 5 mM H<sub>2</sub>O<sub>2</sub>. The absorbance was recorded at 290 nm. One unit of APX was defined as the amount needed to oxidize 1 µmol ascorbate per min<sup>-1</sup>. The procedure of Foyer and Halliwell (1976) was utilized for the glutathione reductase (GR; EC 1.6.4.2) activity. The reaction mixture contained 50 mM Tris-HCl buffer (pH 7.6), 5 mM NADPH and 10 mM oxidized glutathione. The absorbance was recorded at 340 nm. One unit of GR was defined as the amount required to reduce 1 µmol oxidized glutathione per min<sup>-1</sup>.

## Statistical analysis

All experiments were repeated in six times, the results were evaluated using ANOVA and expressed as mean and error bars. Means were compared using the test of the minor differences of Fisher's Least Significant Difference (LSD) at a 95% probability level.

## **Results and Discussion**

Previous studies about *Borago officinalis* L. have focused on plant-pollinator interactions under temperature and water stress (Descamps et al., 2018), chemical composition and antioxidant activity in leaves (Borowy et al., 2017; Zemmouri et al., 2019), flowers (Mohajer et al., 2016; Borowy et al., 2017; Fernandes et al., 2019) and seeds (Borowy and Kapłan, 2020). Moreover, salt stress effects on growth, lipid peroxidation and antioxidant enzyme activities (Jaffel et al., 2011; Torabi et al., 2015) were also evaluated. However, ROS detoxifying and antioxidant defense system interactions are still need further explanation for this species under drought stress. So, in the present study, antioxidant defense system in terms of physiological and biochemical approaches under drought was studied in *Borago officinalis*.

Reduction in water content and growth are the first responses of abiotic stress conditions (Torun, 2019). Plant growth and yield are extremely negative affected by drought (Osakabe et al., 2014; Sun et al., 2020). In our study, RGR of borage was also significantly (P < 0.05) reduced by 20.8% under drought as compared to non-stressed plants (Figure 1A). This reduction can be also seen as morphologically in Figure 2. Similar to our results, the findings for cotton (Sekmen et al., 2014), tomato (Rady et al., 2020) and wheat (Hassan et al., 2020) support our remarks in terms of drought-induced reduction in plant dry matters. Drought stress also caused considerable (P < 0.05) reductions in Borago officinalis leaf RWC and osmotic potential by 40.7% and 2.4-fold, but chlorophyll fluorescence respectively, remained unchanged as compared to control plants (Figure 1B, C, D). A possible reason of reduction in growth might be related the reduction of water uptake and loss of turgor under drought stress (Ings et al., 2013) as has been found in our study. Therefore, drought-induced reduction in borage water content is connected with dry weight reduction.

In many metabolic processes associated with abiotic stress, plants produce ROS which are highly reactive and would be scavenged along the way by the many antioxidative mechanisms (Mittler et al., 2002; Hasanuzzaman et al., 2020). Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) is one of ROS and excessive accumulation of H<sub>2</sub>O<sub>2</sub> which caused an increase in TBARS content as an indicator of oxidative damage in membrane lipids (Amoah et al., 2019; Killi et al., 2020) was also recorded in the present study. In our observation, H<sub>2</sub>O<sub>2</sub> and TBARS content increased by 2.1-fold and 75.9%, respectively, in borage leaves under drought stress (Figure 3). Similar results in terms of high accumulation H<sub>2</sub>O<sub>2</sub> accompanied with high lipid peroxidation were detected in Oryza sativa (Basu et al., 2010; Ozfidan-Konakci et al., 2015), Solanum lycopersicum (Rady et al., 2020) and Triticum aestivum (Hassan et al., 2020) under drought. High levels of H<sub>2</sub>O<sub>2</sub> and TBARS positively correlated with growth and water content inhibition might be associated with drought sensitivity of *Borago* officinalis. Parallel to our findings, drought sensitive *Gossypium hirsutum* (Sekmen et al., 2014), *Amaranthus tricolor* (Sarker and Oba, 2018) and *Triticum aestivum* (Abid et al., 2018) showed similar results.

SOD is one of the antioxidant enzyme that dismutases  $O_2^{\bullet-}$  into  $H_2O_2$  and reduces the possibility of 'OH formation (Gill et al,. 2015). H<sub>2</sub>O<sub>2</sub> generated by stress or dismutation activity must be scavenged antioxidant enzymes such as POX, CAT, APX or GR (Mittler, 2002; Ozfidan-Konakci et al., 2015). In our study SOD activity in Borago officinalis was reduced by 23.9% (Figure 4A), while H<sub>2</sub>O<sub>2</sub> increased (2.1-fold) under drought stress (Figure 3A). SOD activity reduction observed in this study is in agreement with that of Basu and coworkers (2010) but not that of Abid et al. (2018). SOD activity reduction might be one of the reason of the strong oxidative stress in drought-treated borage plants. Moreover, accumulation of H<sub>2</sub>O<sub>2</sub> due to SOD activity reduction under drought stress might be a function in oxidative stress signaling leading to the induction of peroxidase antioxidant systems (Basu et al., 2010). Furthermore, SOD activity is not only the source of H2O2 by scavenging of superoxide, but also glycolate oxidase activity in peroxisomes, β-oxidation of fatty acids in glyoxysomes, NADPH oxidase enzyme activity also lead to produce H<sub>2</sub>O<sub>2</sub> in several compartments of plant cells (Mittler et al., 2002; Hasanuzzaman et al., 2020). On the other hand, drought stress considerably increased POX, CAT, APX and GR activities in Borago officinalis leaves and enhancement of these enzyme activities were detected by 8-, 4.1-, 11- and 2.3-fold, respectively (Figure 4B, C, D, E). Although high activities of POX, CAT, APX and GR were connected to with the efficient scavenging of H<sub>2</sub>O<sub>2</sub> under drought stress (Basu et al., 2010; Ozfidan-Konakci et al., 2015), antioxidant defense in drought-treated Borago officinalis might be insufficient in terms of increase in lipid peroxidation on membranes and reduction in water content and growth as can be seen morphologically (Figure 2).



Figure 1. Relative growth rate (RGR; A), relative water content (RWC; B), leaf osmotic potential ( $\Psi$ s; C) and chlorophyll fluorescence (Fv/Fm; D) of *Borago officinalis* L. grown under drought stress. Values followed by the same letter are not significantly different according to Fisher's LSD (P < 0.05).



Figure 2. Morphological effects of drought stress on grown of *Borago officinalis* L. Scale bar, 5 cm.



Figure 3. TBARS (A) and  $H_2O_2$  (B) content of *Borago officinalis* L. grown under drought stress. Values followed by the same letter are not significantly different according to Fisher's LSD (P < 0.05).



Figure 4. SOD (A), POX (B), CAT (C), APX (D) and GR (E) activities of *Borago officinalis* L. grown under drought stress. Values followed by the same letter are not significantly different according to Fisher's LSD (P < 0.05).

#### Conclusion

Overall, in our study, drought stress induced responses in physiological and biochemical processes in *Borago officinalis* L. were obtained. Plant growth, leaf tissue RWC and osmotic potential were significantly reduced under drought, while lipid peroxidation and H<sub>2</sub>O<sub>2</sub> accumulation were increased. Moreover, reduction

in SOD activity and enhancement in POX, CAT, APX and GR activities under drought suggests that the amount of antioxidant enzymes was not sufficient to prevent lipid peroxidation of membranes. In the future, the participation of antioxidants, phytohormones or other signal molecules required to be studied in *Borago officinalis* L. under drought stress. **Conflict of Interest:** There is no conflict of interest between the authors.

**Author contributions:** H.T. and E.E. designed the research, carried out the experiments, conducted statistical analyses and wrote the paper.

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